

Gut Check

Well, I was out by myself
Walking in the canyon
When a slithery snake
Stuck out his tongue by my shoe
I looked in his eyes
A question started formin'
If I give him a poke
What would the snake do?

But as I bend down
Finding a stick
So that I could poke him
Then I get a vibe
Feeling that creeps
Up from my belly and out to my limbs
Maybe I should stop
What is this feeling inside of my tummy
I'm feeling like uh-oh

Gut check
Is that a good idea?
I do a gut check
My body tells the truth
(Hey hey hey)
Gut check
Is that a good idea?
I do a gut check
Is that the right thing to do?

Well, we had just scored a goal
Playin' out at recess
When a new kid walked up
Asking if she could play
My friends crowd around
Pointing at her sneakers
And they started to laugh
And she ran away

I got all flushed
Heavy inside
I was embarrassed
My temperature rising
That could be me
I was the new kid not that long ago
Maybe I should stop
What is this feeling inside of my tummy
I'm feeling like Uh-oh